



Jackson

Housing Authority

September 2025 Edition

- **After Hours Emergency Maintenance**
770-468-2136
- **Maintenance will be doing inspections throughout the month of August.**

Maintenance Reminder

- **Pest Control:** Scheduled for the first Wednesday and Thursday of (Month)—this year that falls on **Date (Wednesday) and Date (Thursday)**,
- **Inspections and Repairs:** Maintenance will also continue routine inspections and apartment repairs throughout the month.

Thank you for your cooperation.



Hart Talk With Adriane



Happy September, neighbors. As the seasons begin to change, let's continue to look out for one another & keep our community strong. This month is a great time to enjoy cooler evenings outdoors, connect with friends and neighbors, and prepare for the fall season ahead. Thank you for helping make our neighborhood a welcoming place to call home.

-Adriane Hart
Housing Manager

- Mailboxes have been upgraded, please bring your old mailbox key to the leasing office and we will issue you a new key.



Tenant Talk with BeLinda



Kidz Zone

- With school back in session, we're excited to launch **Kidz Zone Day** for children in **1st through 5th grade**. Sessions will be held **twice a month** in the community room at our Barnesville office (285 Indian Trail).
- Your child will receive help with homework, and we'll also work on pro-social and behavioral skills. Space is limited—**only 12 spots are available**—so please sign up early. To register your child, email us at ressvcs@barnesvilleha.com or call **770-358-3935**.

Community Service Reminder for Tenants

- If your lease includes a community service requirement, please remember that you must complete **8 hours of community service each month**. You may satisfy these hours through opportunities offered by the housing authority, or you may choose to complete your service elsewhere.
- If you prefer to fulfill the requirement outside of the housing authority, please contact us beforehand to confirm your plans.
- Failure to satisfy your community service hours may result in a **lease violation and/or non-renewal** of your lease.



September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Rent Due	2	3 Pest Control	4 Pest Control	5	6
7	8 Late Day	9	10	11	12	13
14	15	16	17	18	19	20
21	22 Last Day to	23 Tenant Meeting	24	25	26	27
28	29	30 Dispo Day	After Hours Emergency Maintenance 770-468-2136			



List Tenant Birthdays for the Month

Henry H.	Destany W.	Alexisia S.
Keyshawn W.	Minnie L. S.	
Dexter T.	Kai'Eli H.	
Karter O.	Oscar Lee T.	
Sanaa H.	Ambrionna J.	



Congrats
Destany W.
 You are our birthday winner for September!
 Please come by the office for your gift.

Tenant Spotlight



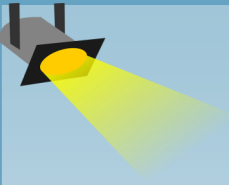
At JHA, we believe in celebrating the achievements of our youth who demonstrate hard work, dedication, and character. This month, we are proud to showcase Ethan, one of our bright 13-year-old tenants, whose commitment to excellence inspires us all.

Ethan has been a scholar from the very start. In fifth grade, he was inducted into the Beta Club, a recognition reserved for students who show strong academic achievement, leadership, and service. Now in eighth grade, Ethan continues to be an active member of the Beta Club while excelling in the honors program.

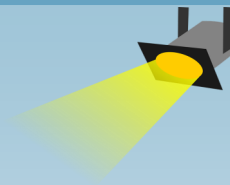
What makes Ethan truly special is not just his academic success, but his mindset. He lives by his favorite quote:

“Never give up.”

This simple but powerful message reflects Ethan’s determination to keep pushing forward, no matter the challenge. We are honored to highlight Ethan’s journey and look forward to seeing all the amazing things he will accomplish in the future.



Community Spotlight



Project Child Find

Educating Georgia One Child at a Time



What is Child Find?

Child Find is a program created to locate and evaluate children who are suspected of having a developmental delay or disability. The Child Find team provides a free screening and/or evaluation for children 3 to 5 years of age and are able to provide immediate support and services to prepare your child to become a successful student.

If you would like for your child to be evaluated,
please contact Wanda Jenovese at:

Butts County School System
218 Woodland Way
Jackson, GA 30233
770-504-2300
wanda.jenovese@bcssk12.org



Family FUN DAY

EVERYONE INVITED

AR7 RECREATION CENTER

101 B SHERRILL AVE

JACKSON GA 30233



SATURDAY

SEPTEMBER 27

9:00AM – 1:00PM



**HONORARY
LIVE
BUTTERFLY
RELEASE
@ 12:00**

**HELP US
Raise Awareness
for Childhood Cancer**



NATIONAL SELF-CARE MONTH

LOVE YOURSELF FIRST

SUNDAY GENTLE

- Say Positive Affirmations
- Stretch all Muscles
- Do One Thing You've Been Putting Off

MONDAY BLESSED

- Drink Green Tea
- Have a Social Media Free Day
- Watch a Tedex Talk and be Inspired

TUESDAY ABUNDANCE

- Practice Meditation
- De-Clutter a Room or Workspace
- Have a Long Shower/Bath

WEDNESDAY BLOOM

- Define What Gives You Stress
- Practice Yoga
- Be Vegan/ Vegetarian for a Day

THURSDAY PEACEFUL

- Write a Love Letter to Yourself
- Do Something Creative
- Go outside

FRIDAY UNSTOPPABLE

- Try Something New
- Clean Up Social Media Feed
- Go for a walk

SELF CARE

SATURDAY POWERFUL

- Groom Yourself
- Listen to Music
- Make a Gratitude List

EMOTIONAL SELF-CARE

What to do



Do a relaxing hobby
Focusing your attention on a relaxing hobby is good for de-stressing your mind.



Talk with a friend
Have you caught up with your friend lately? Talking to them will boost your mood and socializing needs.



Going on a date
Going on a date is never a bad idea. This will keep you excited and motivated if you're interested to them!



Limit watching the news
Take a break from exposing yourself to news and relax yourself.

NATIONAL SELF CARE AWARENESS MONTH

SEPTEMBER IS

REMINDER:
YOU ARE THE
CREATOR OF
YOUR OWN
DESTINY!

National Fall Prevention Month

Preventing Falls

Tips for Seniors

Only use ladders on dry, hard, flat surfaces, and keep your body weight centred.

Keep high traffic areas free of obstacles.

Secure scatter rugs in place or remove them.

Do not store things on the stairs, even temporarily.

Ensure rooms, halls and doorways are well lit.

Keep the path from the bed to the bathroom clear.

Avoid rushing!

Store heavy items in lower cupboards and lighter ones above.

Have emergency numbers handy near your bed and by all phones.

Wear shoes with good rubber soles. Avoid loosely fitting slippers.

Ensure pathways, decks and stairs are in good repair with railings and good traction.

To Do

- ☒ Audit your home for tripping/slipping hazards: most falls happen at home.
- ☐ Bone up on calcium & vitamin D: most of us are not getting enough in our diets.
- ☐ Check medications. Consult your doctor, especially if you are on more than four medications a day.
- ☐ Make an appointment to get your eyes checked at least once a year after the age of 65.
- ☐ Try tai chi, a strength-building, balance exercise that has been shown to reduce the risk of falling.

www.canadasafetycouncil.org



Take Control of Your Health: 6 Steps to Prevent a Fall

Every **13 seconds**, an older adult is seen in an emergency department for a fall-related injury.

Many falls are preventable.

Stay safe with these tips!

1

Find a good balance and exercise program

Look to build balance, strength, and flexibility. Contact your local Area Agency on Aging for referrals. Find a program you like and take a friend.



2

Talk to your health care provider

Ask for an assessment of your risk of falling. Share your history of recent falls.



3

Regularly review your medications with your doctor or pharmacist

Make sure side effects aren't increasing your risk of falling. Take medications only as prescribed.



CONTINUES.



Jackson CLEAN UP DAY

TUESDAY, OCTOBER 14, 2025

If it rains we will reschedule
for Tuesday,
October 21, 2025

